

GENERAL CLUB INFORMATION

Revised February 21, 2012

Hours of Operation:

Mon.-Thurs. 5:30am-10:00pm
Friday 5:30am-9:00pm
Saturday 7:30am-7:30pm
Sunday 7:30am-9:00pm

Café Liberty:

Mon.-Thurs. 10:00am-7:30pm
Fri.-Sun. 10:00am-6:00pm

Tree House Activity Center:

Mon.-Fri. 8:00am-2:30pm
Mon.-Fri. 5:00pm-8:00pm
Saturday 8:00am-2:30pm
Sunday 8:00am-2:30pm

Indoor Lap Pool Availability:

Please see a Lap Pool Availability schedule for details. View it online at www.libertyathletic.net, or grab a brochure from the lobby's literature rack.

Clubwide Guest Fees:

Age 11 & under \$12 (this includes TreeHouse guests)
Age 12-17 \$15
Age 18 & up \$18
Tennis Only \$11 IHRSA \$9

Basketball Court Reserved for Programs:

Mon.	9:15-10:30am 4:00-6:00pm	Boot Camp Kung Fu(\$)
Tue.	9:30-10:30am 4:00-5:00pm 5:15-8:00pm	DanceFit Kung Fu(\$) Ages 18 & up Drop-In
Wed.	4:00-6:00pm 6:30-8:30pm	Kung Fu(\$) Ages 15-18 Drop-In
Thu.	9:30-10:00am 10:00-10:30am 5:15-8:00pm	Cardio Crunch Super Stretch & Ab Lab Ages 18 & up Drop-In
Fri.	6:00-7:00am 9:15-10:30am 6:30-8:30pm	Boot Camp Boot Camp Ages 15-18 Drop-In
Sat.	8:30-9:30am 9:30am-12:30pm 1pm-2:00pm	Boot Camp Ages 18 & up Drop-In Kung Fu(\$)
Sun.	12pm-4:00pm	Half Court Play Only

Court Reservations listed here are **regularly scheduled programs**. Miscellaneous court reservations / closings are posted as necessary at the basketball court.

MEMBERSHIP SALES

Membership Sales Department Hours:

Monday 9:30am-7:30pm
Tues.-Thurs. 9:30am-7:00pm
Friday 9:30am-4:30pm
Saturday 9:00am-4:30pm
Sunday 11:00am-4:30pm

The Membership Sales Department can be reached at 734.665.3738 x12 to schedule your appointment.

GENERAL INFORMATION

'Supervisor' Program

Do you have a regular baby-sitter or nanny who helps with the kids? Contact the Membership Sales Office for information about our SuperCard passes! Registered SuperCard holders 16 years or older may accompany children at Liberty. SuperCard applications are available through the Membership Sales Office.

Fitness Floor

Patrons must be at least 12 years old to use the fitness equipment, and 15 years old to use the free weights, unless working with a personal trainer. An orientation to the fitness floor must be completed with a personal trainer before using the fitness equipment unsupervised.

Group Fitness Classes

Group Fitness classes, with the **exception of cycling**, are open to participants age 12 and up. Cycling participants must be 15 years of age or older.

Locker Rooms

Boys may enter the women's locker room and girls may use the men's locker room until their 4th birthday.

Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (co-ed) located on the east side of the indoor swimming pool.

Miscellaneous

What do we mean when we say 'adult'? Within this publication the term 'adult' is defined as someone 16 years old, or older.

Please limit cell phone use to the lobby and the locker rooms.

Appropriate attire is required. Inquire with the Membership Sales Office for detailed attire policies.

Hours & Information

Winter 2012



revised February 21, 2012



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



Indoor Waterpark Hours

MON	*9am-9pm	OPEN, No Lifeguards
TUE	*9am-9pm	OPEN, No Lifeguards <i>Water Features on From 12-2</i>
WED	9am-12pm 12pm-9pm	CLOSED (Pool Maintenance) OPEN, No Lifeguards
THU	*9am-9pm	OPEN, No Lifeguards <i>Water Features on From 12-2</i>
FRI	9am-8pm 4:30-7:30pm	OPEN, No Lifeguards OPEN, Lifeguarded
SAT	9am-11:30pm 12:30-6:00pm	CLOSED (swim programs) OPEN, Lifeguarded
SUN	*9am-12:30pm 12:30-6pm 6pm-8pm	OPEN, No Lifeguards OPEN, Lifeguarded OPEN, No Lifeguards

NO LIFEGUARDS = waterslide closed
Swimmers must be at least 15 years old to swim unaccompanied during un-lifeguarded hours.

LIFEGUARDED = waterslide is on!
Swimmers under age 8 must be accompanied by an adult/parent in the pool area. Ages 8 and up may use the Lagoon unaccompanied during lifeguarded hours as long as adult/parent remains on Liberty's premises.

*Zero depth pool will remain open during scheduled swim clinics. All other Lagoon pools will be closed.

LAGOON ACTIVITY CENTER & CLIMBING WALL

Lagoon Activity Center

The Lagoon Activity Center features our 26' indoor climbing wall, a half-court basketball court with the hoop set at a kid-friendly height, ping pong, hula hoops and more! Kids ages 8 and up can play in the Activity Center as long as adult/parent is on Liberty's premises.

Climbing Wall & Activities

The climbing wall is complimentary for members and is for ages 7 and up. (This includes grown-ups!) It uses an auto-belay system, and has an instructor present for all open hours. A dry shirt and tennis shoes are required to climb the wall.

Come join us in the Lagoon activity center for fun and excitement. Along with the Rock-wall there are now supervised games and activities for kids ages 8 years and up.

Supervised Climbing Wall & Activity Hours

Monday	4:00pm-7:00pm
Tuesday	4:00pm-7:00pm
Wednesday	4:00pm-7:00pm
Saturdays	9:00am-12:00pm
Sundays	1:00pm-4:00pm



The 'Liberty Lagoon's' 26' indoor climbing wall features an auto-belay system.

Look for special holiday hours throughout the year!

'LIBERTY LAGOON' AGES

During Un-lifeguarded Waterpark Hours: Children under age 15 must be accompanied by an adult/parent in the pool area.

During Lifeguarded Waterpark Hours: Children under age 8 must be accompanied by an adult/parent in the pool area. Ages 8 and up may use the Lagoon unaccompanied during lifeguarded hours as long as adult/parent remains on Liberty's premises.

Lagoon Activity Center: Children under age 8 must be accompanied by an adult/parent in the Lagoon Activity Center. Ages 8 and up may use this area unaccompanied, as long as adult/parent remains on Liberty's premises.

GENERAL AGE REQUIREMENTS

Indoor Full-size Basketball Court: Children under age 12 must be accompanied by an adult/parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track: Children under age 12 must be accompanied by an adult/parent. Ages 12 and up may use the indoor track unaccompanied.

Adult Indoor Lap Pool is for lap swimming only. Children under age 12 must be accompanied by an adult/parent -and- be lap swimming.

Treehouse Activity Center requires children's parent/legal guardian to remain on the premises.

Children must be 12 and older to be dropped off at Liberty without an adult/parent on the premises, unless in an organized Liberty program.

Outdoor Waterpark Seasonal: Children under age 8 must be accompanied by an adult/parent. Ages 8 and up may use this area unaccompanied, as long as adult/parent remains on Liberty's premises.

Please see back panel for basic information regarding ages of Supervisors/Guardians, Fitness Floor usage and Locker Room usage.