

General Club Hours

effective Monday, January 11, 2010

Revised January 22, 2010

Hours of Operation:

Mon.-Thurs. 5:30am-10:00pm
Friday 5:30am-9:00pm
Saturday 7:30am-7:30pm
Sunday 7:30am-9:00pm

Café Liberty:

Mon.-Fri. 10:00am-7:30pm
Sat.-Sun. 10:00am-6:00pm

Treehouse Activity Center:

For use by children 2 months through 11 years old. Please find detailed policies and fees in the Treehouse brochure.

Mon.-Fri. 8:30am-2:30pm
Mon.-Fri. 4:00pm-8:00pm
Saturday 8:45am-2:30pm
Sunday 8:45am-4:00pm

Indoor Lap Pool Availability:

Please see a Lap Pool Availability schedule for details. View it online at www.libertyathletic.net or see a brochure, available in the lobby's brochure rack.

Clubwide Guest Fees:

Age 11 & under \$12 - *this includes Treehouse guests*
Age 12-17 \$15
Age 18 & up \$18
Tennis Only \$11
IHRSA \$20 - *photo ID required; restrictions apply*

Basketball Court Reserved for Programs:

Mon.	4:30-5:30pm	Kung Fu Demo Team(\$*)
	7:00-8:00pm	Adult Kung Fu(\$*)
Tue.	4:30-5:15pm	Youth Kung Fu(\$*)
	5:15-8:00pm	Ages 18 & up Drop-In
Wed.	7:00-8:00pm	Adult Kung Fu(\$*)
Thu.	4:30-5:15pm	Youth Kung Fu(\$*)
	5:15-6:15pm	Kung Fu Demo Team(\$*)
	6:15-8:00pm	Ages 18 & up Drop-In
Fri.	3:30-6:00pm	High School Drop-In
Sat.	9:30am-12:00pm	Ages 18 & up Drop-In
	12:00pm-4:00pm	Half Court Play Only
Sun.	12:00pm-4:00pm	Half Court Play Only

Court Reservations listed here are **regularly scheduled programs**. Miscellaneous court reservations / closings are posted as necessary at the basketball court.

(\$*) = fee-based programs requiring registration. Should these programs not take place due to low enrollment, the basketball court will be open.

'Supervisor' Program

Do you have a regular babysitter or nanny who helps with the kids? Contact the Membership Sales Office for information about our SuperCard passes! Registered SuperCard holders 16 years or older may accompany children at Liberty. SuperCard applications are available through the Membership Sales Office.

Fitness Floor

Patrons must be at least 12 years old to use the fitness equipment, and 15 years old to use the free weights, unless working with a personal trainer. An orientation to the fitness floor must be completed with a personal trainer before using the fitness equipment unsupervised.

Group Fitness Classes

Group Fitness classes, with the **exception of cycling**, are open to participants age 12 and up. Cycling participants must be 15 years of age or older.

Locker Rooms

Boys may enter the women's locker room and girls may use the men's locker room until their 4th birthday.

Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (co-ed) located on the east side of the indoor swimming pool.

Miscellaneous

What do we mean when we say 'adult'? Within this publication the term 'adult' is defined as someone 16 years old, or older.

Please limit cell phone use to the lobby and the locker rooms.

Appropriate attire is required. Inquire with the Membership Sales Office for detailed attire policies.

Hours and Information

Winter/Spring 2010
effective January 22, 2010

revised January 21



Rock Climbing Wall
has re-opened!



2975 W. Liberty Rd. • Ann Arbor, MI 48103

www.libertyathletic.net • 734.665.3738

LIBERTY LAGOON

INDOOR WATERPARK

Lifeguarded Hours = waterslide is on!

During Lifeguarded hours, the indoor waterpark is open *with lifeguards* on duty; the waterslide and all water features are on and open for use. Swimmers under age 8 must be accompanied by an adult/parent in the pool area. Ages 8 and up may use the Lagoon unaccompanied during lifeguarded hours as long as adult/parent remains on Liberty's premises.

Un-lifeguarded Hours = waterslide closed

During un-lifeguarded hours, the indoor waterpark is open for use with *no lifeguards* on duty; the waterslide and other water features are not on. **Swimmers must be at least 15 years old to swim unaccompanied during un-lifeguarded hours.**

Indoor Waterpark Hours

effective Monday, January 11, 2010

Open and LIFEGUARDED

Tuesdays 4:30pm-7:30pm
 Fridays 4:30pm-7:30pm
 Saturdays 12:30pm-6:00pm
 Sundays 12:30pm-6:00pm

NEW TIME!

Open and UN-LIFEGUARDED

Mondays 12:00pm-9:00pm
 Tuesdays 10:00am-4:30pm
Lifeguarded 4:30-7:30pm
 7:30pm-9:00pm
 Wednesdays 10:00am-9:00pm
 Thursdays 10:00am-5:00pm
 (CLOSED 5:00-6:45pm)
 6:45pm-9:00pm
 Fridays 10:00am-4:30pm
Lifeguarded 4:30-7:30pm
 7:30pm-8:00pm
 Saturdays (CLOSED until 12:00pm)
Lifeguarded 12:30-6:00pm
 6:00pm-7:00pm
 Sundays 9:00am-12:30pm
Lifeguarded 12:30-6:00pm
 6:00pm-8:00pm

***Tuesdays & Thursdays*
 12:30-2:30pm:
 in-pool play
 structure is on!
 (un-lifeguarded)**

LAGOON ACTIVITY CENTER -&- ROCK CLIMBING WALL

Lagoon Activity Center

The Lagoon Activity Center features our 26' indoor rock climbing wall, a half-court basketball court with the hoop set at a kid-friendly height, ping pong, hula hoops and more! Kids ages 8 and up can play in the Activity Center as long as adult/parent is on Liberty's premises.

Rock Climbing Wall

The indoor rock climbing wall is complimentary for members and is for ages 7 and up. (This includes grown-ups!) It uses an auto-belay system, and has an instructor present for all open hours. A dry shirt and tennis shoes are required to climb the wall.

Please see additional program brochures for beginner and advanced rock climbing classes (*fees apply*), or contact Kim Brodie at 665-3738 ext. 57 for information.

Rock Wall Hours

effective Friday, January 22, 2010

Fridays 4:30pm-7:30pm
 Saturdays 9:00am-1:00pm
 Sundays 1:00pm-4:00pm
 Thursdays 4:30pm-7:00pm



The 'Liberty Lagoon's' 26' indoor Rock Climbing Wall features an auto-belay system.

'LIBERTY LAGOON' AGES

During Un-lifeguarded Waterpark Hours: children under age 15 must be accompanied by an adult/parent in the pool area.

During Lifeguarded Waterpark Hours: children under age 8 must be accompanied by an adult/parent in the pool area. Ages 8 and up may use the Lagoon unaccompanied during lifeguarded hours as long as adult/parent remains on Liberty's premises.

Lagoon Activity Center: children under age 8 must be accompanied by an adult/parent in the Lagoon Activity Center. Ages 8 and up may use this area unaccompanied, as long as adult/parent remains on Liberty's premises.

OTHER AGE REQUIREMENTS

Indoor Full-size Basketball Court: children under age 12 must be accompanied by an adult/parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track: children under age 12 must be accompanied by an adult/parent. Ages 12 and up may use the indoor track unaccompanied.

Adult Indoor Lap Pool is for lap swimming only. Children under age 12 must be accompanied by an adult/parent -and- be lap swimming.

Treehouse Activity Center requires children's parent/legal guardian to remain on the premises.

Children must be 12 and older to be dropped off at Liberty without an adult/parent on the premises, unless in an organized Liberty program.

Outdoor Waterpark seasonal: children under age 8 must be accompanied by an adult/parent. Ages 8 and up may use this area unaccompanied, as long as adult/parent remains on Liberty's premises.

Please see back panel for basic information regarding ages of Supervisors/Guardians, Fitness Floor usage and Locker Room usage.