

Tiny Tots

Ages 2-3

Tiny Tots is designed for the very young dancer between the ages of 2 and 3 years old. Different dance activities and creative props will be used to develop balance, coordination, and rhythm as well as fine and gross motor skills. This fun and energetic half hour will focus on following directions as well as taking turns and working together as a group. Ballet shoes are required. Meets in the Activity Center. *2-day cancellation policy applies*



Thursdays	10:00-10:30am <i>Lori Stefanic</i>
3/1-3/29	3mtgs \$35 (\$56.25)

Shake-Rattle-Roll

Ages 3-5

This playtime is for 3-5 year old children to experience a variety of activities. These activities include parachute games, ball games, obstacle courses and tumbling to help improve strength, flexibility and coordination. *Please, no black-soled tennis shoes.* Meets in the Activity Center. *2-day cancellation policy applies*



Fridays	9:45-10:30am <i>Keely Hoffman</i>
1/13-1/27	3mtgs \$21 (\$33.75)
2/3-2/17	3mtgs \$21 (\$33.75)
3/2-3/30	5mtgs \$35 (\$56.25)

Family Yoga

For members only!

For kids ages 7 & up, and their parents

This class will teach basic yoga poses to help improve focus, relaxation and self-awareness. Parents are encouraged to participate with their children, but are not required to do so. Family Yoga meets in the Group Fitness Studio. *2-day cancellation policy applies*



Sundays	1:00-2:00pm <i>Chrissy Hanna</i>
1/15-4/1 <i>does not meet 2/19 & 2/26</i>	
<i>No sign-up necessary -JUST DROP IN!</i>	

Ballet Ages 4-5

This 45 minute class will focus on the fundamentals of classical ballet technique. Each class focuses on proper posture, positions, and alignment as well as flexibility and strength. Your child will learn basic ballet vocabulary and cultivate self-confidence while having fun and making new friends. Leotards, tights and ballet slippers are required. Meets in the Group Fit room.



Ages 4-5 *2-day cancellation policy applies*

Tuesdays	4:30-5:15pm <i>Lori Stefanic</i>
1/10-1/24	3mtgs \$24 (\$30)
1/31-2/14	3mtgs \$24 (\$30)
2/28-3/27	5mtgs \$40 (\$50)

Hip Hop Ages 8-13

Have a blast learning the latest dance moves to popular music! This 45 minute class encourages creativity and self expression while teaching beat and rhythm. Two short dance routines will be taught in the session, as well as floor tricks and stalls. Wear tennis shoes. Meets in the Group Fit room. *2-day cancellation policy applies*

Wednesdays	4:30-5:15pm <i>Lori Stefanic</i>
3/1-3/29	5mtgs \$40 (\$50)



Kids Basic Training

Ages 4-7 & 8-12 *For members only!*

FREE!

Kids will love these high energy classes! They'll learn the proper way to stretch and warm-up before engaging in a workout, as well as focus on developing coordination, flexibility and proper running skills. **Meets in the Lagoon Activity Center.** *Please, no black-soled tennis shoes.* IF THE KIDS ARE IN THE TREEHOUSE DURING THIS TIME, we can escort them to and from class! Call Alison for details. 665-3738 ext. 57. *2-day cancellation policy applies*

Ages 4-7 *No sign-up necessary -JUST DROP IN!*

Tuesdays	6:45-7:30pm <i>Keely Hoffman</i>
1/10-3/27 <i>does not meet 2/21</i>	

Ages 8-12 *No sign-up necessary -JUST DROP IN!*

Thursdays	6:45-7:30pm <i>Lizzy Shurmur</i>
1/12-3/29 <i>does not meet 2/23</i>	



Kids Tri-Fit Ages 9-15

Tri-fit for Kids is an action-packed 4 week training session incorporating swimming, cycling and running. Participating in this clinic is a fun way to prepare for a triathlon. You will have a chance to combine all the skills you have gained in a Liberty hosted triathlon on May 3rd. Wear comfortable clothing, bring swim suit and towel along with a water bottle. *2-day cancellation policy applies*



Thursdays	5:30-6:30pm <i>Lizzy Shurmur</i>
1/19-2/16	5mtgs \$93.75 (\$117.50)

CAMPS

Activity Camps

Ages 5-10

If you're looking for fun during school vacation, Liberty is the place to be! Kids ages 5-10 will spend an action-packed day participating in activities like basketball, floor hockey, swimming in the 'Liberty Lagoon' waterpark, and more. An afternoon snack is included each day; every camper must have a current emergency form on file. Register for one day or for all of them!



Contact Alison Eisner ext. 57 for details.
2-Day cancellation policy applies to each day of Activity Camp

Winter Break Camp

Winter Break Camp	9:00am-5:00pm <i>Ted K.</i>
\$65 (\$75) per day	

Pre Camp	8:30-9:00am
Post Camp	5:00-5:30pm
\$5 (\$7.50) each	

Mon 2/20, Tues 2/21, Wed 2/22, Thur 2/23, Fri 2/24

Spring Break Camp

Spring Break Camp	9:00am-5:00pm <i>Matt Frey</i>
\$65 (\$75) per day	

Pre Camp	8:30-9:00am
Post Camp	5:00-5:30pm
\$5 (\$7.50) each	

Mon 4/2, Tues 4/3, Wed 4/4, Thur 4/5, Fri 4/6

SEASONAL SPECIALTIES

Shamrock Madness Ages 7-11



Join us for a fun-filled night, when everything will be green (except the water)! Enjoy swimming, boat races, pizza, popcorn and an age-appropriate movie. Please bring your swimsuit, beach towel, and comfortable clothes to watch the movie. Event meets in Lagoon Activity Center. Please be prompt for pick-up, as the club closes at 9:00 p.m. on Friday. A late pick-up fee will be assessed after 9:00 p.m.
5-day cancellation policy applies

Friday, March 9	6:00-9:00pm Ted K.
	\$18 (\$25)

Annual Egg Hunt Ages 10 & under

FREE!



A Liberty favorite, this annual event for kids ages 10 and under is **complimentary for members and their children!**

Meet at the Lagoon Activity Center for the Egg Hunt beginning promptly at 12:30pm. Two groups will be formed based on age and will hunt simultaneously. Parents are encouraged to bring their cameras! The Bunny will be available for photos.

No need to register, just show up!

Saturday, March 31	12:30pm Sharp Lagoon Activity Center
-------------------------------	--

WINTER SESSION 2012 Program Policies

Program Registration

Registration for all programs is done through our Concierge Desk. Both members and nonmembers must complete a registration form, and nonmembers must pay upon registration. Registration is accepted as space is available. You will be notified if a program is full and we cannot accept your registration. We reserve the right to cancel a program at any time; any registered participants will be notified in the event of program cancellation.

Registration forms may be faxed **-however-** faxing a registration form does not guarantee enrollment. Faxed forms will be processed Monday-Friday. You will receive a confirmation call, along with your registration status once your form has been processed. Please direct questions about faxed registration forms to Alison Eisner, at 734-665-3738 ext. 57. **FAX: 734-665-6353**

Payment

Members: We will automatically bill programs and services to member accounts unless we receive an alternate method of payment before the program begins.

Nonmembers: Nonmembers must pay at the time of registration, **and** provide valid credit card information to keep on file (encrypted in our system). Liberty accepts nonmember payment by cash, Mastercard, Visa or Discover.

Proration based on Late Enrollment

Should you choose to register for a program after it has begun, you will be charged only for the remainder of the program period. Late enrollment may not always be permitted.

Refunds and Credits

In the case of severe injury or emergency, the cancellation policies and fees will be taken into consideration, and a partial or full refund may be issued.

Cancellation Policies

24-hour Cancellation Policy

applicable to: Private/Semi-Private Swim Lessons, Personal Training, Spa Services, Tennis Court Reservations, Private/Semi-Private Tennis Lessons and Tennis Practices

A minimum of 24 hours is required for cancellation of the above services. Same-day cancellations or failure to cancel will result in the entire fee being retained. Should you arrive more than 15 minutes late for an appointment, the remainder of your time will be forfeited and the entire fee will be retained.

2-day Cancellation Policy

Should cancellation be received within two days of the program's start date, it is considered a 'late cancellation' and the program fee is due in its entirety. Same-day cancellations or failure to cancel also result in the entire fee being retained.

5-day Cancellation Policy

Should cancellation be received within five days of the program's start date, it is considered a 'late cancellation' and the program fee is due in its entirety. Same-day cancellations or failure to cancel also result in the entire fee being retained.

*Exceptions to the age requirements may be granted upon approval from the instructor or program director.



Youth Programs Winter 2012

revised February 3, 2012

Hip Hop

Family
Yoga

Kids
Tri-fit



& More!!



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net