

## HOLIDAY HOURS



### **Tuesday, December 24 Christmas Eve**

Club Hours: 7am-2pm

Childcare: 8:30am-1pm (*reservations required*)

Membership Sales Office: Closed

*Alternate Group Fitness Schedule (see back)*

### **Wednesday, December 25 Christmas Day**

Club Closed

### **Thursday, December 26**

Club Hours: 7am-9pm

Childcare: 8:30am-1pm & 4-7pm (*reservations required*)

*Group Fitness Schedule Changes (see back)*

### **Tuesday, December 31 New Year's Eve**

Club Hours: 7am-4pm

Childcare: 8:30am-1pm (*reservations required*)

*Alternate Group Fitness Schedule (see back)*

### **Wednesday, January 1 New Year's Day**

Club Closed

### **Thursday, January 2nd**

Club Hours: 5:30am-9pm

Childcare: 8:30am-1pm & 4-7pm (*reservations required*)

*Group Fitness Schedule Changes (see back)*

### **Lagoon & Rockwall**

**Mon. 12/23: 11am-3pm**  
(Lifeguards & Rockwall)

**Thu. 12/26: 11am-3pm**  
(Lifeguards & Rockwall)

**Fri. 12/27: 11am-3pm**  
(Lifeguards & Rockwall)

**Sat. 12/28**  
12-5pm (Lifeguards)  
10:30am-3pm (Rockwall)

**Sun. 12/29**  
12-5pm (Lifeguards)  
10:30am-3pm (Rockwall)

**Mon. 12/30: 11am-3pm**  
(Lifeguards & Rockwall)

**Thu. 1/2: 11am-3pm**  
(Lifeguards & Rockwall)

**Fri. 1/3: 11am-3pm**  
(Lifeguards & Rockwall)

**Sat. 1/4:**  
12-5pm (Lifeguards)  
10:30am-3pm (Rockwall)

**Sun. 1/5**  
12-5pm (Lifeguards)  
10:30am-3pm (Rockwall)

## **Alternate Group Fitness Schedules**

### **Christmas Eve**

**Tuesday, December 24**

8:30-9:15am X-Mas Beat Cycle w/ Shelley (SS)

9:30-10:30am Pilates w/ Davy (MBS)

9:30-10:30am Jingle Bell Jam w/ Lea (GFS)

9:30-10:30am Bootcamp w/ John (BBC)

10:45-11:45am Vinyasa Yoga w/ Marty (MBS)

*Reservations Required | All other classes cancelled for the day*

### **Club opens at 7am**

**Thursday, December 26**

7:15-8:15am Strength Cycle w/ Shelley (SS)

9:30-10:15am **TKO Cancelled**

*Remaining classes will run as usual.*

### **New Year's Eve**

**Tuesday, December 31**

8:30-9:15am NYE Beat Cycle w/ Shelley (SS)

9:30-10:30am Pilates w/ Tricia (MBS)

9:30-10:30am NYE WERQ w/ Dana (GFS)

9:30-10:30am Bootcamp w/ Andrea (BBC)

10:45-11:45am Yin Yoga w/ Cheryl (MBS)

*Reservations Required | All other classes cancelled for the day*

**Thursday, January 2**

10-11am Pilates w/ Davy (MBS)

*Remaining classes will run as usual.*