

GENERAL CLUB INFORMATION

HOURS OF OPERATION

Mon-Fri 5:30am-9pm
Sat & Sun 7am-7:30pm

BUSINESS OFFICE

Mon-Fri 9am-2pm

MEMBERSHIP SALES

Mon -Thu 10am-7pm
Friday 10am-4:30pm
Saturday 10am-5pm
Sunday 10am-3:00pm

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

CAFÉ LIBERTY

A "Chef is in the House" to prepare sandwiches, and smoothies for our members and guests during the following hours:

- **Monday thru Wednesday** 10am-6pm
- **Saturday** 10am-1:30pm

Grab & Go

The café will remain "Grab and Go" during all remaining hours the club is open. Please stop by the front desk to purchase your café items.

TREE HOUSE ACTIVITY CENTER

Mon, Wed & Fri 8:30am-2pm
Tue & Thu 4-7pm
Sat & Sun 8:30am-12pm

INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made two days in advance through the mobile app or online member portal.

CLUBWIDE GUEST FEES

Age 11 & under \$12
Age 12-17 \$15
Age 18 & up \$18
Tennis Only \$12
IHRSA \$9

GENERAL CLUB INFORMATION

Basketball Court Reserved Times

Monday	6-7am 8:30-10:30am 6-7pm	Group Fitness Group Fitness Group Fitness
Tuesday	6-7am 8:30-10:15am	Group Fitness Group Fitness
Wednesday	6-7am 8:30-9:15am	Group Fitness Group Fitness
Thursday	6-7am 8:30-10:15am	Group Fitness Group Fitness
Friday	6-7am 8:30-10:30am	Group Fitness Group Fitness
Saturday	8:30-9:30am 9:30am-12pm	Group Fitness Adult Drop-In Basketball
Sunday	9-10am	Group Fitness

General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

Fitness Floor and Exercise Facilities

Children under age 12 are not permitted in these areas unless working with a Liberty Athletic Club Personal Trainer. Children must be 15+ to use free weights.

Group Fitness Classes

Group Fitness classes, with the **exception of Spinning**, are open to participants age 12 and up. Spinning participants must be 15 years of age or older. Registration required.

Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

Indoor Lap Pool

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

Locker Rooms

Boys may enter the women's *family* locker room and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (*co-ed*) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (*females must be 16 years of age to use the adult locker room*).

Hours & Information



Fall 2021

revised November 18, 2021

Effective November 18, 2021



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



Indoor Waterpark Hours

Monday - Thursday

5:30am-8pm OPEN, No Lifeguards

Friday

5:30am-8pm OPEN, No Lifeguards

Saturday

7am-6:30pm OPEN, No Lifeguards

Sunday

7am-6:30pm OPEN, No Lifeguards
12pm-4pm **Lifeguarded**

Indoor Waterpark

During **NON-LIFEGUARDED** Waterpark Hours:

Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.



LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

This area is under video surveillance.



Lagoon Activity Center Hours

Monday & Wednesdays

5:30am-8pm OPEN, No Attendant

Tuesdays

5:30am-8pm OPEN, No Attendant

Thursdays

5:30am-4pm OPEN, No Attendant
4pm-7pm **Climbing Wall Open**
7pm-8pm OPEN, No Attendant

Friday

5:30am-8pm OPEN, No Attendant

Saturday

7am-6:30pm OPEN, No Attendant

Sunday

7am-11am OPEN, No Attendant
11am-1pm **Climbing Wall Open**
1pm-6:30pm OPEN, No Attendant

RULES

Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure. Please obtain a wrist band from attendant or front desk.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

Specific Climbing Wall Rules

1. Climber's must weigh a **minimum of 45 pounds and a maximum weight of 250lbs.**
2. Shoes must be worn.
3. Climber's must be fitted with a harness by the attendant on duty to climb the wall.