

## MASSAGE THERAPISTS

Therapists are listed alphabetically by first name.

### Ginger Contorno, LMT

Summit Career College, LVN  
Douglas J. Aveda Institute, LMT

*Deep Tissue Massage, Swedish Massage,  
Prenatal Massage*



### Katherine Graff, LMT

B.A. Sociology, University of Michigan  
Center for Massage & Natural Health,  
Weaverville, NC

*Deep Tissue Massage, Swedish Massage,  
Prenatal Massage*



### Michelle Tupko, RTT

Blue Lotus Thai Healing Studies,  
Chicago Master Pichest Boonthumme,  
Thailand

*Thai Massage*



### Prema Lindsay Smith, RN, LMT

B.S. Nursing, EMU  
Ann Arbor Institute of Massage Therapy

*Thai Massage, Neuromuscular Therapy,  
Sports Massage, Myofascial Release,  
Prenatal & Postnatal Massage,  
Reflexology, Cranial Sacral Therapy,  
Manual Lymphatic Drainage, Swedish  
Massage*



### Roohee Marshall, LMT

Irene's Myomassology Institute  
Blue Heron Academy of Healing Arts &  
Science Program of Medical Massage  
Therapy

*Thai Massage, Deep Tissue Massage,  
Medical/Clinical Massage, Prenatal  
Massage, Acupressure Face Massage,  
Swedish Massage*



## MASSAGE AT LIBERTY

The Spa at Liberty was created with one beautiful idea: to offer you an exquisite experience of relaxation and well-being. Located on the second floor, the Spa is a world unto itself. From the moment you cross the threshold, tensions will begin to melt away. You'll be greeted by delicate herbal aromas, surrounded by soothing colors and meditative music, and warmly welcomed by one of our spa professionals.

## MASSAGE & BODY THERAPIES

A combination of science and art, therapeutic massage is an excellent way to relieve stress and tension, ease stiff joints and muscle spasms, promote healing and flexibility, enhance athletic performance, improve circulation, and promote mental alertness and a feeling of wellness. Our therapists incorporate a variety of modalities including, Swedish, Deep Tissue (*myofascial and neuromuscular*), Sports and many more to create a customized massage.

	Member/Guest
30 Minutes	\$50/55
45 Minutes	\$65/70
60 Minutes	\$75/80
90 Minutes	\$100/105

### Thai Massage

Align the energies of the body with Thai massage. This blend of a variety of massage techniques focuses on preparing, aligning and opening energetic pathways throughout the body. Similar to yoga, the recipient feels centered and rejuvenated after a session, which is received on a Thai mat placed on the floor. Please wear comfortable, loose fitting clothing for this massage.

	Member/Guest
90 Minutes	\$120/135
120 Minutes	\$150/165



## MASSAGE & BODY THERAPIES

### Prenatal Massage

Offered in the second and third trimester, Pregnancy massage utilizes specialized techniques and supportive pillows to ease structural and muscular strain and relieve tension for a gentle, calming effect on both mother and baby.

	Member/Guest
75 Minutes	\$85/90

### Reflexology

An entire session is focused on the soles of your feet and/or hands. Pressure is systematically applied to reflex points or referral zones which correlate to the body's organs, glands, bones, and muscles, promoting a sense of total relaxation and wellbeing.

	Member/Guest
30 Minutes	\$45/50
60 Minutes	\$70/75

### Acupressure Face Massage

This therapeutic facial treatment lifts, tones and firms facial muscles, while providing sinus relief through targeting pressure points. This includes hot towels and aromatherapy, along with massage of the hands, feet, shoulders and neck.

	Member/Guest
75 Minutes	\$95/100

## BOOKING YOUR MASSAGE

Please call 734.665.3738 ext. 134 to schedule an appointment. Guests are required to provide valid credit card information to schedule an appointment.

Please plan to arrive 15 minutes prior to your appointment. If you arrive late, your treatment time may be reduced in order to finish on time for the next scheduled client and the full fee for your service will be charged.

A confirmation call will be made 48 hours prior to your service. Please honor our 24-hour advance notice cancellation policy to avoid being charged the full fee.

In appreciation for outstanding service, gratuities may be given to the staff, or at checkout, at your discretion.

*Prices and services are subject to change without notice.*