

# Thanksgiving Holiday Hours



## **Wednesday, November 23**

Club Hours: 5:30am-9pm

Café Liberty: Grab & Go Items Available

Treehouse: 8:30am-1pm (*Reservations Required*)

Rockwall: Attendant on Duty 11am-3pm

Lagoon: Lifeguards Present 11am-3pm

**Group Fitness - Regular Class Schedule**

## **Thursday, November 24**

Happy Thanksgiving! Club Closed

## **Friday, November 25**

Club Hours: 7am-7:30pm

Café Liberty: Grab & Go Items Available

Treehouse: 8:30am-1pm (*Reservations Required*)

Rockwall: Attendant on Duty 11am-3pm

Lagoon: Lifeguards Present 11am-3pm

### **Group Fitness**

8:30-9:15am Spin with Andrea (SS)

9-10am Step with Lea (GFS)

9:30-10:30am Bootcamp with Anna (BBC)

9:30-10:30am Core & Power Yoga with Irina (MBS)

10:30-11:30am Yin Yoga with Cheryl (MBS)

*6am Bootcamp will not run.*

## **Saturday, November 26**

Club Hours: 7am-7:30pm

Café Liberty: Grab & Go Items Available

Treehouse: 8:30am-1pm (*Reservations Required*)

Rockwall: Attendant on Duty 10am-1pm

Lagoon: 7am-6:30pm (*No Lifeguards Present*)

**Group Fitness - Regular Class Schedule**

## **Sunday, November 27**

Club Hours: 7am-7:30pm

Café Liberty: Grab & Go Items Available

Treehouse: 8:30am-1pm (*Reservations Required*)

Rockwall: Attendant on Duty 11am-2pm

Lagoon: Lifeguards Present 1pm-5pm

**Group Fitness - Regular Class Schedule**

***Reservations required for all group fitness classes.***