

NAMASTE
Liberty Athletic Club

Flight of Yoga

to Live Music



Friday, September 29th
6:00pm - 8:00pm

Complimentary Member Only Event

Ages 21-up • Registration Required • Space is Limited
24-Hour Cancellation Policy • Cancellation Fee \$20

Join us for a multilevel yoga sampler class featuring live music by the Rob Crozier Duo. Instructors will take turns leading the class while the remaining instructors will demonstrate the poses at various levels. Class is 75 minutes in length and will be followed by a wine and cheese reception.