CLUB HOURS



Friday, July 4th

Indoor Facility

Club Hours 7am-6pm Café Liberty Items to Go

Childcare Closed Bus. Office/Sales Closed

Outdoor Facility

Hours 10am-6pm Splash Café 10am-5:30pm

Adult Lap Swim Cancelled
Youth Games 1pm-3pm

No Guests Permitted - Outdoor Facility

Group Fitness Schedule

8:30am-9:15am Beat Cycle (CS) w/Lisa 9:00am-10:00am WERQ (GFS) w/ Dana

9:30am-10:30am Bootcamp (BBC) w/ John

9:30am-10:30am Core & Power Yoga (MBS) w/ Marty

10:30am-11:30am Pilates (GFS) w/ Cheryl

10:45am-11:45am Vinyasa Yoga (MBS) w/ Tess

Reservations required. All other classes are cancelled for the day.

