

CAMPS

Camps

Register for one day or for all of them!

If you are looking for fun during school vacations, Liberty is the place to be! Kids will be participating in sports, activities, crafts, free swim, rockwall climbing, organized games and playtime in our 3-story obstacle play park. Lunch will be provided each day to full and morning half day campers. Liberty will also provide two snacks to full day campers and one snack to half day campers. Camps meet in the Conference Room. Every camper must have a current emergency form on file. *48-Hour cancellation policy applies to each day of Camp*



**MLK Jr.
Day Camp**
Ages 5-7 & 8-12

January 21



**Mid-Winter
Camp**
Ages 5-7 & 8-12

February 15



**President's
Day Camp**
Ages 5-7 & 8-12

February 18



**Spring
Break
Camp**
Ages 5-7 & 8-12

March 25, 26, 27, 28, 29

Camp Pricing

Half Day – AM

9:00am-1:00pm; \$40 (\$48) per day

Half Day – PM

1:00-5:00pm; \$40 (\$48) per day

Full Day

9:00am-5:00pm; \$66 (\$79) per day

Pre-Camp Option

8:00-9:00am; \$5 (\$6) per day

Post-Camp Option

5:00-6:00pm; \$5 (\$6) per day

INFORMATION

Contact Meaghan Kennedy, Camp & Youth Programs Director for further information at 734-665-3738 ext. 157 or e-mail her at meaghan.kennedy@libertyathletic.net.

EVENTS

Annual Egg Hunt Ages 10 & under



Saturday, April 13th

This event is a Liberty favorite and is free for members and their immediate family. Weather permitting the Bunny will be available for photos, be sure to bring your camera! This is an outdoor only event, please dress your children appropriately for the weather conditions.

More details to follow.



Youth Programs Winter 2019

revised December 4, 2018



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Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net

YOUTH PROGRAMS

Shake-Rattle-Roll **Free Class** Ages 2-4

This playtime is designed to include a variety of activities for children ages 2-4. Obstacle courses, ball games, movement and music activities will all help to improve strength, flexibility, and coordination. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

Mondays	9:45-10:15am Conference Room
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1/7-3/18 Members only / Registration opens 6 days in advance of each class *Excludes 1/21, 2/18*

Fridays	9:45-10:15am Conference Room
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1/11-3/22 Members only / Registration opens 6 days in advance of each class. *Excludes 2/15*



Preschool Playdays **Free Class** Ages 4-5

Open gym time for ages 4-5! Parents must remain in the Lagoon Activity Center and children must be toilet-trained to avoid any unfortunate incidents in the play structure. Please note that at all other times, children must be 5 years of age to enter the structure simply from a safety perspective relative to older children in the structure. *24-Hour Cancellation Policy*

Tuesdays	10:30am-12:00pm Lagoon Activity Center
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1/8-3/19 Members only / Drop In

Thursdays	10:30am-12:00pm Lagoon Activity Center
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1/10-3/21 Members only / Drop In

Dance Fit for Kids **Free Class** Ages 5 & up

Dance Fit for Kids is a fun, high energy class that combines the hit music kids love with easy to learn dance styles like swing, hip hop, and salsa. Suitable for all levels of fitness, no experience needed. Parents are welcome to participate with their children, but are not required to do so. Children 8-under must be accompanied by an adult. *24-Hour Cancellation Policy*

Saturday	2:15-3:00pm Group Fitness Studio
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1/12, 2/9, 3/9 Members only / Registration is required

YOUTH PROGRAMS

Kid Fit **Free Class** Ages 4-6

Kid Fit introduces conditioning, obstacle play, group games and more to children ages 4-6. With different activities each week, it's sure to keep them moving. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

Tuesdays	6:30-7:15pm Lagoon Activity Center
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1/8-3/19 Members only / Registration opens 6 days in advance of each class.

Tween Fit **Free Class** Ages 7-12

Tween Fit introduces sports, conditioning, group games and more to tweens ages 7-12. With different activities each week, it's sure to keep them moving. *24-Hour Cancellation Policy*

Thursdays	6:30-7:15pm Lagoon Activity Center
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1/10-3/21 Members only / Registration opens 6 days in advance of each class

Bounce House Days **Free Class** Ages 2 & up

Come join us for some inflatable fun! We will have a bounce house for participants under 40" and an inflatable obstacle course for those above. Bouncers 8 & under must be accompanied by an adult.

Saturday	2:00-4:00pm Adult Basketball Court
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1/19, 2/16, 4/20 Members only / Drop In

LIBERTY MARTIAL ARTS

For a complete description of the classes please refer to our Martial Arts Brochure. *24-Hour Cancellation Policy*

Younglings Basic Saber Training **Free Class** Ages 5-12

Wednesdays	5:00-5:30pm Mind Body Studio
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1/9-3/20 Free to Members / \$10 for Non-Members
Registration is required

Kung Fu Fundamentals **Free Class** Ages 5-12

Thursdays	5:00-5:30pm Mind Body Studio
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1/10-3/21 Free to Members / \$7 for Non-Members
Registration is required

Kung Fu Basic Exercises **Free Class** Ages 8-12

Thursdays	5:30-6:00pm Mind Body Studio
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1/10-3/21 Free to Members / \$7 for Non-Members
Registration is required

YOUTH PROGRAMS

Family Yoga **Free Class** Ages 5+ and Parents

This class will teach basic yoga poses to help improve focus, relaxation and self-awareness. Parents are encouraged to participate with their children, but are not required to do so. Children 8 & under must be accompanied by an adult. *24-Hour Cancellation Policy*

Mondays	6:45-7:30pm Mind Body Studio
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1/14, 1/28, 3/11 & 3/18 Members only / Registration is required

Homeschool Fit Ages 8-12

Homeschool Fit introduces sports, conditioning, group games and more! With different activities each week, it's sure to keep them moving. *48-Hour Cancellation Policy*

Wednesdays	1:00-2:00pm Lagoon Activity Center
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1/9-3/20 \$5 (\$8) per class / Registration is required

Parents Night Out Ages 5-12

Enjoy a night out while your children enjoy games, gym time, the rockwall and more! Pizza dinner is included. Children must be 45 lbs. to climb the rockwall. *48-Hour Cancellation Policy*

Fridays	5:00-8:00pm Conference Room
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1/11, 2/8, 3/8 \$24 (\$30) per class
Registration is required

Youth Dodgeball Ages 8-12

Come join your friends for a friendly game of dodgeball at Liberty! We use safe, sting-free Gator Skin balls that are easy to catch. You will learn a new variation of dodgeball each week and play with different players! *48-Hour Cancellation Policy*

Wednesdays	6:30-7:15pm Adult Basketball Court
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1/9-1/30 4mtgs \$20 (\$24) / Registration is required
3/6-3/20 3mtgs \$15 (\$18) / Registration is required

