

GENERAL CLUB INFORMATION

HOURS OF OPERATION

Mon-Thu	5:30am-9pm
Friday	5:30am-8pm
Saturday	7am-6pm
Sunday	7am-6pm

BUSINESS OFFICE

Mon-Fri 9am-2pm

MEMBERSHIP SALES

By appointment only.

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

CAFÉ LIBERTY *(Grab & Go Items Available)*

Mon-Thu	5:30am-9pm
Friday	5:30am-8pm
Saturday	7am-6pm
Sunday	7am-6pm

TREE HOUSE ACTIVITY CENTER

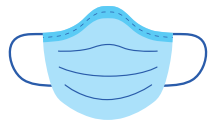
Mon & Wed	9am-12pm
Tue & Thu	4-7pm
Sunday	9am-12pm

INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made two days in advance through the mobile app or online member portal. Masks must be worn at all times except when swimming.

CLUBWIDE GUEST FEES

Guests are not allowed at this time.



Facial coverings must be worn at all times while in the club *(except while swimming or showering)*.

GENERAL CLUB INFORMATION

Basketball Court Reserved Times

Monday	6-7am	Group Fitness
	8:30-9:15am	Group Fitness
	9:30-10:30am	Group Fitness
Tuesday	6-7pm	Group Fitness
	6-7am	Group Fitness
	8-9am	Group Fitness
Wednesday	9:30-10:30am	Small Group Training
	6-7am	Group Fitness
	9:30-10:30am	Group Fitness
Thursday	5:30-6:30pm	Group Fitness
	6-7am	Group Fitness
	8-9am	Group Fitness
Friday	9:30-10:30am	Small Group Training
	6-7am	Group Fitness
	9:30-10:30am	Group Fitness
Saturday	8-8:45am	Group Fitness
	9-10am	Group Fitness
	10-11am	Small Group Training
Sunday	9-10am	Group Fitness

General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

Fitness Floor and Exercise Facilities

Children under age 12 are not permitted in these areas unless working with a Liberty Athletic Club Personal Trainer. Children must be 15+ to use free weights.

Group Fitness Classes

Group Fitness classes, with the **exception of Spinning**, are open to participants age 12 and up. Spinning participants must be 15 years of age or older.

Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

Indoor Lap Pool

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

Locker Rooms

Boys may enter the women's *family* locker room and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (*co-ed*) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (*females must be 16 years of age to use the adult locker room*).

Hours & Information

 Spring 2021

revised March 30, 2021

Effective April 1, 2021



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



Indoor Waterpark Hours

Monday - Thursday

5:30am-8pm OPEN, No Lifeguards

Friday

5:30am-7:30pm OPEN, No Lifeguards

Saturday & Sunday

7am-6pm OPEN, No Lifeguards

Indoor Waterpark

During **NON-LIFEGUARDED** Waterpark Hours:

Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.



LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

This area is under video surveillance.



Lagoon Activity Center Hours

Monday, Tuesday & Thursday

5:30am-8pm OPEN, No Attendant

Wednesday

5:30am-3pm OPEN, No Attendant
3pm-5pm **Climbing Wall Open**
5pm-8pm OPEN, No Attendant

Friday

5:30am-7:30pm OPEN, No Attendant

Saturday

7am-6pm OPEN, No Attendant

Sunday

5:30am-12:30pm OPEN, No Attendant
12:30pm-2:30pm **Climbing Wall Open**
2:30pm-6pm OPEN, No Attendant

Preschool Play Days

We are welcoming children ages 4-up into the play structure of the Lagoon Activity Center every Tuesday and Thursday morning from 9:30am-11:30am.

Parents must remain in the Lagoon Activity Center and children must be toilet-trained to avoid any unfortunate incidents in the play structure. Please note that at all other times, children must be 5 years of age to enter the structure simply from a safety perspective relative to older children in the structure.

RULES

Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

Specific Climbing Wall Rules

1. Climbers must weigh **between a minimum of 45 pounds and a maximum of 250 pounds.**
2. Hand sanitizer must be used before and after climbing.
3. Closed-toe shoes must be worn.
4. Climbers must be fitted with a harness by the attendant on duty to climb the wall.
5. Dry clothing must be worn.