

## GENERAL CLUB INFORMATION

### HOURS OF OPERATION

Mon-Fri 5:30am-9pm  
Sat & Sun 7am-7:30pm

### BUSINESS OFFICE

Mon-Fri 9am-2pm

### MEMBERSHIP SALES

Mon-Thu 10am-7pm  
Friday 10am-4:30pm  
Saturday 10am-4pm  
Sunday 10am-4pm

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

### CAFÉ LIBERTY

Mon-Fri Grab & Go

Saturday **Chef in the House: 10am-5pm**  
*Grab & Go all remaining club hours*

Sunday **Chef in the House: 10:30am-4:00pm**  
*Grab & Go all remaining club hours*

#### **Chef in the House**

A member of our team will prepare sandwiches and smoothies for our members and guests.

#### **Grab & Go**

Café items are available and may be purchased at the front desk.

### TREE HOUSE ACTIVITY CENTER

Mon - Sun 8:30am-1pm  
Mon, Tue, Thu 4-7pm

### INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made two days in advance through the mobile app or online member portal.

### CLUBWIDE GUEST FEES

Age 11 & under \$12  
Age 12-17 \$15  
Age 18 & up \$18  
Tennis Only \$12  
IHRSA \$9

## GENERAL CLUB INFORMATION

### Basketball Court Reserved Times

Monday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Tuesday	8:30-9:15am	Group Fitness
Wednesday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Thursday	8:30-9:15am 6-8:30pm	Group Fitness Adult Drop-In Basketball
Friday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Saturday	9:30am-12pm	Adult Drop-In Basketball

### General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

#### **Fitness Floor and Exercise Facilities**

Children under age 12 are not permitted in these areas unless working with a Liberty Athletic Club Personal Trainer. Children must be 15+ to use free weights.

#### **Group Fitness Classes**

Group Fitness classes, with the **exception of Spinning**, are open to participants age 12 and up. Spinning participants must be 15 years of age or older. Registration required.

#### **Indoor Full-size Basketball Court**

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

#### **Indoor Track**

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

#### **Indoor Lap Pool**

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

#### **Locker Rooms**

Boys may enter the women's *family* locker room and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (*co-ed*) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (*females must be 16 years of age to use the adult locker room*).

# Hours & Information



## Winter 2023

*revised January 4, 2023*

**Effective January 9, 2023**



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www.libertyathletic.net



### Indoor Waterpark Hours

#### Monday - Friday

5:30am-8pm OPEN, No Lifeguards

#### Saturday

7am-1pm OPEN, No Lifeguards  
 1pm-5pm **Lifeguards Present**  
 5am-6:30pm OPEN, No Lifeguards

#### Sunday

7am-1pm OPEN, No Lifeguards  
 1pm-5pm **Lifeguards Present**  
 5am-6:30pm OPEN, No Lifeguards

### Indoor Waterpark

**During NON-LIFEGUARDED Waterpark Hours:** Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

**Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.**



## LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

*This area is under video surveillance.*



### Lagoon Activity Center Hours

#### Mondays

5:30am-4:30pm OPEN, No Attendant  
 4:30pm-7pm **Climbing Wall Open**  
 7pm-8pm OPEN, No Attendant

#### Tuesdays & Wednesdays

5:30am-8pm OPEN, No Attendant

#### Thursdays

5:30am-4pm OPEN, No Attendant  
 4:30pm-7pm **Climbing Wall Open**  
 7pm-8pm OPEN, No Attendant

#### Friday

5:30am-8pm OPEN, No Attendant

#### Saturday

7am-10am OPEN, No Attendant  
 10am-1pm **Climbing Wall Open**  
 1pm-6:30pm OPEN, No Attendant

#### Sunday

7am-11am OPEN, No Attendant  
 10am-1pm **Climbing Wall Open**  
 2pm-6:30pm OPEN, No Attendant

## RULES

### Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

### Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

### Specific Climbing Wall Rules

1. Climber's must weigh a **minimum of 45 pounds and a maximum weight of 250lbs.**
2. Shoes must be worn.
3. Climber's must be fitted with a harness by the attendant on duty to climb the wall.