

GENERAL CLUB INFORMATION

HOURS OF OPERATION

Mon-Fri 5:30am-9pm
Sat & Sun 7am-7:30pm

BUSINESS OFFICE

Mon-Fri 9am-2pm

MEMBERSHIP SALES

Mon-Thu 10am-7pm
Friday 10am-4:30pm
Saturday 10am-4pm
Sunday 10am-4pm

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

CAFÉ LIBERTY

Mon-Thur 9am-1pm & 4pm-6:30pm
Friday Items to Go
Saturday 9am-3pm
Sunday 10:30am-4pm

Items to Go

Café items are available and may be purchased at the front desk.

TREE HOUSE ACTIVITY CENTER

Monday - Sunday
8:30am-1pm

Monday, Tuesday, Thursday
4:00pm-7:00pm

INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made two days in advance through the mobile app or online member portal.

CLUBWIDE GUEST FEES

Age 11 & under \$12
Tennis/Pickleball Only \$12
Age 12-17 \$15
Age 18 & up \$18
IHRSA \$9

GENERAL CLUB INFORMATION

Basketball Court Reserved Times

Monday	6-7am 9:30-10:30am 5-5:45pm	Group Fitness Group Fitness Youth Program
Tuesday	8:30-9:15am	Group Fitness
Wednesday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Thursday	8:30-10:30am 6:00-8:30pm	Group Fitness Adult Drop-In Basketball
Friday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Saturday	9:30am-12pm	Adult Drop-In Basketball

General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

Fitness Floor and Exercise Facilities

Children under age 12 are not permitted in these areas unless working with a Liberty Athletic Club Personal Trainer. All children age 12 and older must have an NMPT session. Free weight age requirements after NMPT session: age 14 if accompanied by a parent or personal trainer; age 15+ unaccompanied.

Group Fitness Classes

Group Fitness classes, with the **exception of Spinning**, are open to participants age 12 and up. Spinning participants must be 15 years of age or older (children age 14 may participate if accompanied by an adult). Registration required.

Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

Indoor Lap Pool

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

Locker Rooms

Boys may enter the women's *family* locker room and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (*co-ed*) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (*females must be 16 years of age to use the adult locker room*).

Hours & Info

2023/2024

Revised October 18, 2023

Effective September 5, 2023



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



Indoor Waterpark Hours

Monday - Friday	5:30am-8pm	OPEN, No Lifeguards
Saturday	7am-1pm	OPEN, No Lifeguards
	1pm-5pm	Lifeguards Present <i>(Begins Sept. 23rd)</i>
	5am-6:30pm	OPEN, No Lifeguards
Sunday	7am-1pm	OPEN, No Lifeguards
	1pm-5pm	Lifeguards Present <i>(Begins Sept. 10th)</i>
	5am-6:30pm	OPEN, No Lifeguards

Indoor Waterpark

During NON-LIFEGUARDED Waterpark Hours: Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.



LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

This area is under video surveillance.



Lagoon Activity Center Hours

Mondays	5:30am-4:30pm	OPEN, No Attendant
	4:30pm-7pm	Climbing Wall Open
	7pm-8pm	OPEN, No Attendant
Tuesdays & Wednesdays	5:30am-8pm	OPEN, No Attendant
Thursdays	5:30am-4pm	OPEN, No Attendant
	4:30pm-7pm	Climbing Wall Open
	7pm-8pm	OPEN, No Attendant
Friday	5:30am-8pm	OPEN, No Attendant
Saturday	7am-10am	OPEN, No Attendant
	10am-1pm	Climbing Wall Open <i>(Begins Sept. 23rd)</i>
	1pm-6:30pm	OPEN, No Attendant
Sunday	7am-11am	OPEN, No Attendant
	10am-1pm	Climbing Wall Open <i>(Begins Sept. 10th)</i>
	2pm-6:30pm	OPEN, No Attendant

RULES

Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

Specific Climbing Wall Rules

1. Climber's must weigh a **minimum of 45 pounds and a maximum weight of 250lbs.**
2. Shoes must be worn.
3. Climber's must be fitted with a harness by the attendant on duty to climb the wall.