

GENERAL CLUB INFORMATION

HOURS OF OPERATION

Mon-Fri	5:30am-9pm
Saturday	7am-7:30pm
Sunday	7am-7:30pm 7am-9pm <i>effective January 28, 2024</i>

BUSINESS OFFICE

Mon-Fri	9am-2pm
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MEMBERSHIP SALES

Mon -Thu	10am-7pm
Friday	10am-4:30pm
Saturday	10am-4pm
Sunday	10am-4pm

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

CAFÉ LIBERTY

Mon-Thur	9am-6:30pm
Friday	9am-1pm
Saturday	9am-4:30pm
Sunday	9am-4:30pm

Items to Go

Café items are available and may be purchased at the front desk.

TREE HOUSE ACTIVITY CENTER

Monday - Sunday
8:30am-1pm

Monday, Tuesday, Thursday
4:00pm-7:00pm

INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made two days in advance through the mobile app or online member portal.

CLUBWIDE GUEST FEES

Age 11 & under	\$12
Tennis/Pickleball Only	\$12
Age 12-17	\$15
Age 18 & up	\$18
IHRSA	\$9

GENERAL CLUB INFORMATION

Basketball Court Reserved Times

Monday	6-7am 9:30-10:30am 5-5:45pm	Group Fitness Group Fitness Youth Program
Tuesday	8:30-9:15am	Group Fitness
Wednesday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Thursday	8:30-10:30am 6:00-8:30pm	Group Fitness Adult Drop-In Basketball
Friday	6-7am 9:30-10:30am	Group Fitness Group Fitness
Saturday	9:30am-12pm	Adult Drop-In Basketball
Sunday	2-4pm	Bounce House Days 1/7, 2/18, 3/10, 4/14

General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

Fitness/Group Fitness

Members under age 12 may use the fitness floor only when working with a personal trainer, use the track and the basketball court only when accompanied by a parent.

Members aged 12 and up may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their New Member Personal Training (NMPT), participate in group fitness classes (*with the exception of Spin classes*), use the track and the basketball court.

Members aged 14 and up may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their NMPT, participate in group fitness classes -- and Spin classes only when accompanied by a parent, use the free weight area after receiving their NMPT only when accompanied by a parent or a personal trainer.

Members aged 15 and up may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their NMPT, participate in group fitness classes and Spin classes, use the free weight area after receiving their NMPT.

Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

Indoor Track

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

Indoor Lap Pool

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

Locker Rooms

Boys may enter the women's *family* locker room and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (*co-ed*) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (*females must be 16 years of age to use the adult locker room*).

Hours & Info

2024

Revised December 26, 2023

Effective January 2, 2024



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



Indoor Waterpark Hours

Monday - Friday

5:30am-8pm OPEN, No Lifeguards

Saturday

7am-1pm OPEN, No Lifeguards
12pm-5pm **Lifeguards Present**

(Begins Jan. 20th)

5am-6:30pm OPEN, No Lifeguards

Sunday

7am-1pm OPEN, No Lifeguards
12pm-5pm **Lifeguards Present**

(Begins Jan. 20th)

5am-6:30pm OPEN, No Lifeguards

Indoor Waterpark

During **NON-LIFEGUARDED** Waterpark Hours:

Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.



LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

This area is under video surveillance.



Lagoon Activity Center Hours

Mondays

5:30am-4:30pm OPEN, No Attendant
4:30pm-7pm **Climbing Wall Open**
7pm-8pm OPEN, No Attendant

Tuesdays & Wednesdays

5:30am-8pm OPEN, No Attendant

Thursdays

5:30am-4pm OPEN, No Attendant
4:30pm-7pm **Climbing Wall Open**
7pm-8pm OPEN, No Attendant

Friday

5:30am-8pm OPEN, No Attendant

Saturday

7am-10am OPEN, No Attendant
11am-4pm **Climbing Wall Open**
(Begins Jan. 20th)
1pm-6:30pm OPEN, No Attendant

Sunday

7am-11am OPEN, No Attendant
11am-4pm **Climbing Wall Open**
(Begins Jan. 20th)
2pm-6:30pm OPEN, No Attendant

RULES

Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

Specific Climbing Wall Rules

1. Climber's must weigh a **minimum of 45 pounds and a maximum weight of 250lbs.**
2. Shoes must be worn.
3. Climber's must be fitted with a harness by the attendant on duty to climb the wall.